

BABY PROOFING CHECKLIST

General Safety Steps

- Install safety gates at the top and bottom of stairs
- Secure heavy furniture (e.g., bookcases, dressers) to the wall
- Cover unused plug sockets with safety covers
- Use corner and edge bumpers on sharp furniture edges
- Ensure all window blind cords are out of reach or use cordless blinds
- Install door stops or door holders to prevent finger pinches
- Keep small objects and toys with small parts out of reach
- Secure doors with childproof locks or knob covers

Kitchen

- Install hob and oven knob covers
- Keep sharp objects (knives, scissors) and breakable items out of reach
- Store cleaning supplies and chemicals in a locked cabinet
- Ensure the washing machine and dryer doors are securely closed when not in use

Living Room

- Mount TV securely to the wall
- Remove any houseplants that are toxic to children
- Ensure all heavy items on shelves are secure or out of reach

Nursery

- Install window guards or locks
- Ensure all furniture in the nursery is stable and secure

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Bathroom

- Install a toilet lid lock
- Store all medications, cosmetics, and toiletries in a locked cabinet
- Use a non-slip mat in the bathtub

Bedroom

- Keep small items, such as jewellery and coins, out of reach
- Use a dresser anchor kit to secure dressers to the wall
- Ensure windows have secure locks or guards

Garage

- Store tools, chemicals, and other hazardous items in a locked cabinet
- Ensure garage doors have childproof locks
- Keep car keys and remote controls out of reach
- Ensure heavy items are stored securely and not stacked where they can fall

Garden

- Fence off or secure any water features, such as ponds or fountains
- Store gardening tools and chemicals in a locked shed or cabinet
- Ensure all gates and fences are secure and in good condition
- Keep small stones, mulch, and other choking hazards out of reach

How to Be Prepared

- Have a list of emergency contacts readily available
- Keep a first aid kit accessible but out of reach of children
- Install and maintain smoke and carbon monoxide detectors
- Teach older children how to dial emergency services