

FEEDING SCHEDULE

breastfeeding

Age	When	Feedings p/ day
0 - 1 months	Every 2 - 3 hours	8 - 12
1 - 2 months	Every 2 - 3 hours	8 - 12
2 - 4 months	Every 3 - 4 hours	6 - 7
4 - 6 months	Every 3 - 4 hours	6 - 7
6 - 9 months	Every 4 hours	5 - 6
9 - 12 months	Every 4 hours	5 - 6

bottle feeding

Age	When	How much	Feedings p/ day
0 - 1 months	Every 2 - 3 hours	2 - 3 ounces	8 - 12
1 - 2 months	Every 2 - 3 hours	4 ounces	6 - 8
2 - 4 months	Every 3 - 4 hours	4 - 6 ounces	5 - 6
4 - 6 months	Every 3 - 4 hours	4 - 8 ounces	5 - 7
6 - 9 months	Every 4 hours	6 - 8 ounces	5 - 6
9 - 12 months	Every 4 hours	6 - 8 ounces	4 - 6