

HOW MUCH CAFFEINE DOES IT CONTAIN?



INSTANT COFFEE

100mg per mug



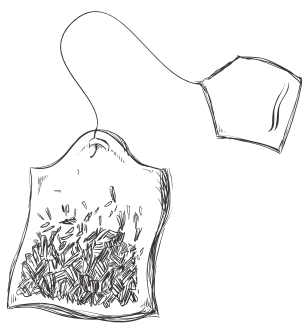
ESPRESSO

65mg per shot



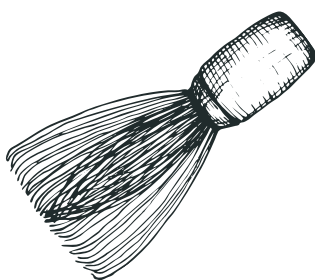
BREAKFAST TEA

75mg per mug



GREEN TEA

75mg per mug -
the same as
regular tea!



MATCHA

70mg per mug



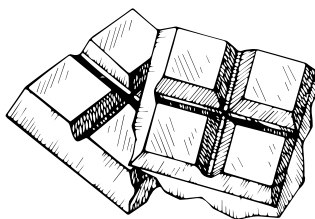
KOMBUCHA

15mg per cup



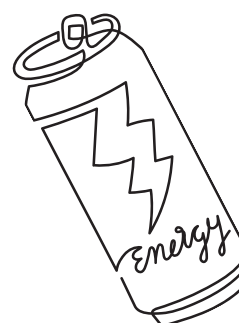
COKE

34mg per can
(Diet coke - 46mg
per can)



MILK CHOCOLATE

20mg per
100mg bar



ENERGY DRINKS

80mg per
250ml can